

## SEMESTER-VI

### B.A. PROGRAMME: PHYSICAL EDUCATION & HEALTH EDUCATION Opt any one of DSE-II: (i)/(ii)/(iii)

#### (i) MEDIA AND CAREERS IN PHYSICAL EDUCATION

B.A. (PEHE)

DSE-II (i)  
Time: 3 Hrs  
Max. Marks: 75

#### THEORY

##### Unit-I: Audio-Visual Aids

- 1.1 Use of Audio-Visual Aids in Physical Education
- 1.2 Role of Media and Public Relations in Physical Education

##### Unit-II: Media and Careers in Physical Education

- 2.1 Professional Courses in Physical Education and Sports in India
- 2.2 Careers in Fitness, Health, Physical Education, Sports Management and Sports Journalism

##### Unit-III

- 3.1 Steps in the Organization of Intramural / Extramural Competitions (Formation of Committees and their Specific Roles, Publicity, Fixtures, Actual Competition, Prize Distribution Function, Report)
- 3.2 Organization of other Physical Education and Sports Events (Seminar, Clinic, Lecture)

#### PART-B: PRACTICAL: 50 Marks

1. Organise an event / intramural / tournament in your college.
2. Prepare a News Report of an observed Sports competition.
3. Create a presentation on any topic from Physical Education using an audio-visual aid.

#### PRACTICAL ASSESSMENT

- |                |                 |
|----------------|-----------------|
| 4. Practical   | 30 Marks        |
| 5. VIVA        | 10 Marks        |
| 6. Record Book | <u>10 Marks</u> |
| Total          | <u>50 Marks</u> |

#### PART C: INTERNAL ASSESSMENT (25 Marks)

4. Written Test (10 marks)
5. Project / Assignment (10 marks)
6. Attendance (5 marks)

#### SEMESTER CREDITS FOR THE PAPER = 6 CREDITS

- Each period will be of one hour.
- 4 theory periods per week x 13 weeks = 4 credits
- 4 Laboratory hours per week per semester = 2 credits

#### Notes for Examiners, Teachers and Students (Common for all papers):

##### Part A: Practical (50 Marks)

The candidates will be asked to perform two practicals in final practical examination (15 marks each), Viva-Voce (10 marks) and will be required to show their record book (10 marks).

#### SUGGESTED READINGS

##### THEORY

1. Chakraborty, S.(2002) **Sports Management** (Delhi : Khel Sahitya Kendra)
2. Covey, S. (1989) **7 Habits of Highly Effective People**, Covey Publications, USA
3. Magill, R.A. (2004) **Motor Learning and Control: Concepts and Applications**, McGraw Hill, New York, USA.
4. Masteralexis, L.P., C. Barr and M. Humms (2008) **Principles and Practices of Sport Management**. Jones and Bartlett Publisher, U.S.A.
5. Sandhu, K.,(2006) **Trends and Developments in Professional Preparation in Physical Education** (New Delhi : Friends Publication).
6. Sandhu, K., (1993), **Sports Dynamics-Psychology, Sociology and Management**, Delhi: Galgotia Publishers.
7. Shaw, and Kaushik, (2001) **Lesson-Planning, Teaching Methods and Class-Management in Physical Education** (New Delhi : Khel Sahitya Kendra).
8. Siendentop, P. (2003) **Introduction to Physical Education, Fitness & Sports**. McGraw Hill, New York, USA.

##### PRACTICAL

1. Parks, J. Band J. Quarterman, Editors (2006) **Contemporary Sports Management**. Human Kinetics, Champaign